

# Natural Treatments For Dandruff

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Stop Your Scalp From Snowing! Finally ... A Real Cure for Dandruff! No medication! No weird cures! No messy creams, smelly solutions or strange diets! Are you sick to death of being sold products that could make the problem worse? Are you sick of the shampoos and conditioners that make your head smell like sulphur? If so then try a permanent revolutionary treatment for dandruff! Natural Treatments for Dandruff

Date: Sunday, November 1, 2009 Dear Dandruff Sufferer, It is a widely recognized fact that the population of most developed Western countries has a dandruff problem. Procter & Gamble (who manufacture one of the best known commercially produced anti-dandruff shampoos in the world) suggest that perhaps 60 of US citizens will suffer from dandruff at one time in their life or another. That is a lot of people dealing with a dandruff problem. If you are reading this newsletter chances are that you are one of the millions of people who suffer from this annoying affliction. If you suffer from dandruff, I would like to congratulate you for grabbing your copy of "Natural Treatments for Dandruff" because this one simple act represents YOU taking a big step forward towards taking care of what basically amounts to being an embarrassing social problem. That is because this book concentrates on natural cures as opposed to cures that simply self-perpetuate the problem. IF YOU DOWNLOAD THIS eBook means that you have decided to do something about your "snowing scalp" and the decision to do so without the support of medicated shampoos and other harsh cures indicates a deep need to change yourself for the better. Does this sound like your life to you? Your scalp is always flaky and itchy Your lover complains that your hair smells like rotten eggs thanks to sulfuric shampoos that are you are using You look like a nervous wreck because you are always scratching your head - people keep asking you what you are puzzled about You never wear dark clothing because the dandruff literally looks like snow on your clothing. You have let your hair color go gray or white because you think it is hair dye provoking your dandruff condition. You are afraid to use hair gels or creams for fear that they will aggravate the condition and the result is that you never have stylish looking hair You hate sitting in movie theaters because you know that the person behind you will notice your scalp snowing on the upholstery You have to vacuum constantly because your scalp is constantly flaking You never go swimming in chlorinated pools because you think it

might aggravate your dandruff. You have ordered away for special herbal remedies only to find out they were scams. You feel depressed about your looks because of the dandruff and it is lowering your self esteem. You feel ashamed because you always feel that you are offending others or like they are making fun of you behind your back. You have bought dandruff shampoo after dandruff shampoo only to suspect that you are being sold products that make the problem WORSE! The above psychological and physical fall out from having dandruff are all too common but the truth is that you don't even have to just give in and expect that you be controlled by your dandruff problem your entire life! In my new eBook I tell you how to cure your dandruff once and for all. And you do not have to spend hundreds of dollars. You do not have to buy shampoos and creams that make you stink. You do not have to put any kind of medicated oil on your scalp. Believe it or not you can cure your dandruff forever by changing your lifestyle and applying a few simple cures. All you have to do is follow the suggestions in my eBook -- Cure Dandruff The Natural Way--and you will soon have a healthy and normal hair and scalp again! You are probably as skeptical about reading all of the above because usually by the time people come around to reading one of my newsletters they have already tried just about everything in the world to try and cure their dandruff. Well I was once very pessimistic about my dandruff too. I thought I was always doomed to have the condition and that I was also fated to always have hair that smelled like rotten eggs. My rock bottom came one day when my husband snuck up on me and start kissing me on the neck and then started complaining about smell. Even worse we were on our way to an important black tie dinner where he had to impress his boss and my little black cocktail dress was sparkling with flakes of skin! Despite the fact I had just used a heavy duty best selling dandruff shampoo guaranteed to cure this I had a real problem. There is nothing more embarrassing than having your husband go at you with the lint brush. While my husband was trying to clean up my dusty shoulders, the irony of all of this struck me. I had been using this dandruff shampoo for years in an attempt to cure my dandruff. Had it ever done anything to prevent yet another case of it? The answer is no. All I kept doing was investing in a product that I hoped that would work and THEN it never worked. When it comes to something as embarrassing as dandruff I wanted to invest in more than "the hope it might work." I wanted to invest in something that would manage it if not downright cure my dandruff problem over the long term. I wanted a cure. Guess what? I took matters into my own hands. I found a cure for dandruff. I actually I did not just find one cure for dandruff. I found several natural cures that not only help manage the problem but actually get rid of it for good. So ask yourself - Do You Want to

Cure Your Dandruff for Good? Without spending a mint on special shampoos or smelling rotten eggs? Inside this eBook I reveal most powerful natural techniques that I could find for getting rid of that pesky dandruff problems. By adopting my natural methods - ? Your dandruff will disappear. ? ? Your confidence will escalate ? ? And best of all - your dandruff will be gone forever! ? Whether you are at home or at work it just takes seconds for you to implement this program after you download the ebook. The ebook itself is instantaneously transferred from my desk top to yours once the order is completed. This takes a matter of seconds. However this book did not just take seconds to write! It is extremely well researched. One thing I believe is that it is essential to know the enemy that you are dealing before you can develop a strategy to deal with it and that meant hundreds of hours of research into exactly what the condition is and what causes it. So just what the heck is dandruff anyway besides an embarrassing social problem? In Natural Treatments for Dandruff I tell you exactly what you could be dealing with as you try to manage your dandruff. I reveal - The actual medical definition of the condition and what it is! The basic physiology behind what makes your scalp shed flakes in the first place Whether or not your dandruff is genetic (inherited) How skin cells on the scalp become abnormal to cause the condition in the first place and how to prevent this Why it is actually normal to experience a certain amount of dandruff What is the normal rate that your scalp should be shedding skin cells? How an oily scalp might play into causing a bad case of dandruff What constitutes a severe case of dandruff When dandruff actually constitutes a medical problem and needs treatment How you can tell whether or not your dandruff symptoms are actually caused by Seborrhoeic dermatitis which is a disorder that can affect the face and body as well How you can tell whether or not your dandruff is caused by scalp psoriasis which is characterized by angry lesions that appear along with the flakes of dandruff How to tell if your dandruff is caused by a fungal infection How to tell if head lice is present and causing your bad case of dandruff The dandruff and Malassezia Yeast connection The common misconceptions about what actually causes the condition How non natural treatments work to try and control the condition How chemicals like ketoconazole, selenium sulfide and pyrithione zinc work to manage the condition What kind of side effects (including hair loss) you can expect to experience using these shampoos Of course no one solution for managing or curing dandruff is perfect for everyone. It really is a matter of what is causing the dandruff in the first place. For instance stress and anxiety can go a great way towards aggravating your dandruff problem. Most people think that curing dandruff is simply a matter of applying a number of different solutions to your head until you find

one that works. This is not true. It can take some serious changes in your lifestyle. This is what makes my eBook about dandruff so different than others on the market. I talk about those big lifestyle changes that can get rid of chronic dandruff forever including - How to reduce stress and anxiety in your life to discourage the scalp flaking process from perpetuating itself How to assess what you are eating and drinking everyday to see if it is causing your dandruff The relationship between spicy foods and dandruff How a high protein diet could help you with your dandruff What beverage you should be drinking all of the time to prevent dandruff The one major vitamin you absolutely should be supplementing with in order to cure your dandruff The ideal temperature of water to bathe with to discourage dandruff flakes from forming How aromatherapy might assist you when it comes to controlling dandruff The relationship between how you breathe and chronic dandruff Vitamins and minerals you can take to encourage a healthy scalp and a healthy head of hair Your options when it comes to using homeopathic cures for your dandruff Are You Ready to Cure Your Dandruff Forever? Included in this eBook are very real cures for the condition that I have tried myself and I know they work. In natural treatments for Dandruff I tell you --

- \*The two natural shampoos that do really work to cure your dandruff
- \*The natural antifungal oil from South Wales in Australia that can help kill the fungus that cause some cases of dandruff
- \*How a simple household condiment can go a long way towards relieving your scalp problems
- \*How the gel from a common household plant can help cure dandruff
- \*How a common type of cooking oil, when massaged into the scalp, can help dandruff
- \*How a simple juice from a common fruit can help prevent dandruff
- \*The tropical fruit you can steam your hair and scalp with to help prevent dandruff
- \*The seasoning that can be made into a tea to help remedy scalp problems
- \*How you can use baking soda to prevent dandruff
- \*How you can use the seeds of a common gourd to keep the yeast that causes dandruff at bay
- \*What common herb that you can grow in your garden has antibacterial and rejuvenating effects on the scalp
- \*The secret juice made from a root that can help clear up chronic scalp flaking

Most people who suffer from dandruff mourn the fact that they never feel attractive or confident any more ... Once you put my lifestyle changes and natural cures to work for you your dandruff will disappear! Natural Treatments for Dandruff is just about getting rid of scalp flakes. It is about a change of lifestyle and feeling better in general. Furthermore almost all of the suggestions in this book will prevent you from developing other skin and scalp conditions as well. Many people have written to tell me about the thousands of dollars that they have blown on dermatologists, special creams and even light colored clothing and unnecessary haircuts when in the end

all they needed was this eBook. If the suggestions put forth in this report doesn't help your Dandruff, I'll refund 100 percent of your purchase price, no questions asked. Why am I taking all the risk on myself? Because I believe in the methods that I have written about in Natural Treatments for Dandruff. I believe they work. I believe in the results I've gotten for thousands of people suffering the full range of problems with dandruff, and because of that I believe that this method will work for you.

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