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14 Easy Cooking Tips for Meat and Poultry Slow Cooker Recipes by: Anjali Dawson The first Christmas we spent with my in-laws in their new country home, my mother-in-law wisely gave me a slow cooker. Her thoughtful gift helped Dan and I enjoy the most convenient of all cooking methods, even with our long work days and commute. I'll always treasure the memories of delicious aromas wafting through the front door as we stepped into the house after a long day at work and a nerve-jangling commute in heavy traffic. Most of the slow cooker recipes I used were based on meats and poultry. Here are 14 easy tips to make your slow cooker recipes tasty and safe: Tip # 1 - According to the U.S. Department of Agriculture, bacteria in food are killed at a temperature of 165F. Meats cooked in the slow cooker reach an internal temperature of 170 in beef and as high as 190F in poultry. It is important to follow the recommended cooking times and to keep the cover on your slow cooker during the cooking process. Tip # 2 - It is best not use the slow cooker for large pieces like a roast or whole chicken because... and more...180 articles all about it.

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